SHAC Minutes

February 8, 2023

Lunch

Introductions of guest-Coach Trina Wiley, Coach Trina Green, Casey Gordon, Students

Wellness Plan

 Last Meeting: discussed Nutrition Promotion and Nutrition Education

 Next Meeting: School based activities

 This Meeting: Physical Activity

GOAL: The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports

2 PE coaches are present: Discuss their day, TEKS, lesson plans, fun they have

 Coach Trina Wiley

 Coach Trina Green

Opt IN consents-Casey Gordon

 Qualtrics, Dojo and Paper

 Consents sent out 14 days prior to class

 Concerns were voiced about how to reach parents/guardians that do not have access to internet. Teachers at Collins Intermediate will keep a list of opt in and opt out students. Conversations will be made prior to Hope Center to parents of students that have not returned consent forms.

Next Meeting-April 5